



## Join Structural Integrators Magnus Eklund BCSI, LMT 144 and Bobbi Eklund CSSI, LMT 2629

In Las Vegas NV @ The European Massage School – For two SMT workshops – November 6 & 7, 2026

### 1. Synergetic Neural and Fascial Pathways - 12 CE Hours – November 6 & 7, 2026

**Course Overview:** This course explores the dynamic interplay between the fascial network and the nervous system — how they communicate, compensate, and co-regulate movement, posture, and pain. Through the Synergetic Myofascial Method, students will learn manual and energetic approaches to unwind tension in both systems while improving body awareness, mobility, and resilience. This is ideal for practitioners ready to work beyond the muscular layer and into the integrated architecture of nerves, fascia, and energy.

**Goal:** To provide bodyworkers with practical tools and embodied understanding to assess, unwind, and reintegrate the neck, pelvis, spine, feet and upper body using Synergetic Fascial Neural principles. The course integrates anatomical, functional, and energetic approaches to restore stability, mobility, and fascial and energetic flow from the head down.



**Magnus** is an Advanced Guild Structural Integrator taught by manual therapy legend Emmett Hutchins, whom was the protégé of Dr Ida Rolf. He studied with Tom Myers & is a KMI/AT certified Structural Integration practitioner. Magnus has worked with many professional athletes in the Olympic games, NFL players & more.

**Bobbi** is an experienced Structural Integration teacher also certified by Dr. Sue Morter as an Energy Codes® Coach & Body Awake® Yoga teacher. **Magnus & Bobbi** teach Synergetic™ myofascial & Structural Integration CE in the USA. Their clinical practice is in Biloxi MS at Mind & Body Institute. They have a combined 60 yrs experience as manual therapy practitioners. This is a hands-on training with advanced fascial neural techniques!



For more information & sign-up visit:

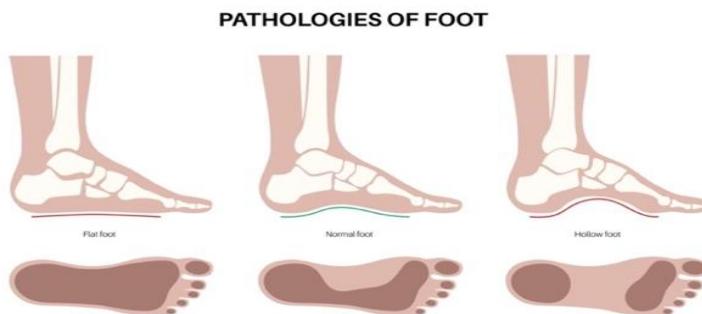
<http://www.mindandbodyinc.com/>

12 CE Approved NCBTMB 450063-06 (NV, NY, TN, NC, TX, AL & more NCBTMB CE), FL/GA 50-9284, MS 29 - CE Broker course # 20-1129868 - NCBTMB course # 70337225  
Hours: November 6: 2-6 PM & November 7: 9AM-6PM

## 2. Synergetic Myofascial Therapy the ground connection through feet, ankles and arches - 4 NCBTMB CE hours – November 6, 2026- 9AM-1PM

*Foundational manual fascial techniques to improve arches, ankle and knee stability, foot flexibility and functional movement*

**Course overview:** This 4-hour CE course includes PowerPoint lecture on the history, scientific research and strategies of myofascial bodywork and manual therapy demonstrations of myofascial techniques with active & passive client movement. Workshop focus is manual techniques for feet, ankles, arches, lower leg & knee/foot pain, postural and movement dysfunction, and more. Synergetic Myofascial Therapy includes a variety of advanced fascial therapy techniques, rocking, movement, functional assessments and stretching to solve myofascial pain and dysfunctional mobility patterns.



For more information & sign-up visit: <http://www.mindandbodyinc.com/>

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Mind & Body Inc. is approved by NCBTMB as a CE provider and is sponsored by NCTMB to teach NY LMT's CE accepted by the state of NY for license renewal. - LIVE in-person CE

**Contact:** Magnus (601) 500-0337- magnuse@aol.com

**Sign up on website:** [www.mindandbodyinc.com](http://www.mindandbodyinc.com), check in mail or call Magnus

**Location:** The European Massage Therapy School – 9440 W Sahara Ave #250, Las Vegas, NV 89117  
(702) 202-2455

**Cost:** 4 CE: \$ 199 - 12 CE: \$ 425 – DISCOUNT 16 CE: \$ 459

**Bring shorts and sports bra or tank top for women, massage table if you can, and no lotion body**

*Note: This workshop is not meant to substitute for traditional medical care, nor diagnose medical conditions, nor manipulate bones, but to educate LMTs on how to safely apply massage techniques on clients. If you have health concerns, please consult your healthcare provider prior to attending. We reserve the right to cancel the workshop for any reason. Magnus and Bobbi Eklund are licensed massage therapists (MS144&2629), and CE provider for massage therapy. Magnus & Bobbi Eklund are not Rolfers™, nor do they teach Rolfing™. Magnus is not affiliated with Tom Myers KMI/AT SI nor with The Guild. The Therapeutic Alternative & Magnus and Bobbi Eklund/Mind & Body Inc. are not responsible for future use of course, techniques nor any loss or injury during CE workshop. Check CE with your state board prior to sign up. Bobbi Eklund will not always be part of teaching this course.*

