



Join Magnus Eklund in Jackson/Ridgeland MS April 10, 2026

Thai Yoga Bodywork Assisted Stretching - on the TABLE – 5:00-9:00 PM

For LMT's, Yogi's, Yogini's, Movement teachers, Personal trainers and Health enthusiasts!

4 CE of assisted stretching & myofascial techniques – Massage TABLE

This 4-hour CE course is a hands-on manual therapy course with demonstrations of Thai Yoga Bodywork myofascial techniques with assisted client movement based on an ancient healing modality thousands of years old. Learn assisted stretching, hands on compressions and kneading techniques that improves muscle and fascia pain and joint dysfunctions, shoulder and neck mobility, nerve flow, postural and movement dysfunction, and more. Thai Yoga Bodywork includes a variety of advanced fascial therapy techniques, rocking, movement, and assisted stretching to solve myofascial pain & dysfunctional mobility patterns. This course is taught on the massage **TABLE**, but participants may also use mats for hands-on applications. Magnus Eklund BCSI, LMT 144(MS) has been a Massage Therapist, Movement teacher & Bodyworker since 1994. Magnus has been a long-time student of Master teacher Mukti Michael Buck at the Vedic Thai Massage Conservatory. He is an experienced Yoga teacher since 1996, Thai Massage Teacher since 2005 & Yoga Alliance certified teacher. Magnus is also a GUILD Advanced Structural Integration Practitioner. He has been teaching CE workshops in the US and internationally for 25 years. Come ready to experience effective joint openings & increased energy flow!



For more information and sign-up visit:

<http://www.mindandbodyinc.com/>

4 CE Approved LIVE in-person

NCBTMB 450063-06 (TN and AL accepts

NCBTMB CE), FL/GA 50-9284, MS 29,

Approved CE Yoga Alliance – Magnus Eklund

Contact: Magnus Eklund (601)500-0337

magnuse@aol.com

CE Broker # 20-1289971

NCBTMB course# 4022488

Cost: \$139 before March 1, 2026 (4 CE hours)-\$ 159 after - register website **Times:** April 10, 2026 – 5-9PM

Cost: DISCOUNT - 12 CE Fascial Neural (September 19-20) and 4 CE Thai Table = 16CE: \$ 475

Location: to be named later in Jackson/Ridgeland MS

Teacher: Magnus Eklund (601)500-0337 Text is good!

Note: This workshop is not meant to substitute for traditional medical care, nor diagnose medical conditions, nor manipulate bones, but to educate LMTs on how to safely apply massage techniques on clients. if you have health concerns, please consult your healthcare provider prior to attending. We reserve the right to cancel the workshop for any reason. Magnus and Bobbi Eklund are licensed massage therapists (MS144&2629), and CE provider for massage therapy. Magnus and Bobbi Eklund/Mind & Body Inc. are not responsible for future use of course techniques nor any loss or injury during CE workshop. Check CE with your state board prior to sign-up. Even though this workshop is open to attend for personal interest participants are aware that ONLY LMT's MAY USE CE FOR LICENSE. ONLY LMT's MAY USE THAI MASSAGE IN ADVERTISING or charge for Thai Massage.