



Join us with the FSMTA Palm Beach Chapter for Structural Myofascial Bodywork with Bobbi and Magnus Eklund 2-hour CE in palm Beach, FL - June 19, 2025 – 6:30-8:30PM



Contact: Leslie Lopez for meeting information
(561)319-1814
Location to be named later



- This 2-hour CE course includes a PowerPoint lecture on the history, scientific research, strategies of fascial bodywork and a manual technique demonstration of myofascial techniques. This course is inspired by the work of Dr. Ida P. Rolf through the legend in manual bodywork Emmett Hutchins. Structural Myofascial bodywork includes a variety of advanced fascial therapy techniques such as functional assessments, rocking, active and passive client movement, stretching and the fascial scoop. This plays a major role in solving myofascial pain and dysfunctional posture and mobility patterns.
- Magnus is an advanced Structural Integrator Practitioner. He was certified by Emmett Hutchins the protégé of Dr. Rolf. Bobbi is an experienced Structural Integration teacher as well as certified by Dr. Sue Morter as an Energy Codes® Coach and Body Awake® Yoga teacher. Mind & Body is not affiliated with IASI or any other Institute, other than NCBTMB and many massage state boards.

Location: FSMTA meeting in Palm Beach, FL - address to be named later

For more information: Magnus Eklund (601)-500-0337, magnusmindandbody@gmail.com

FREE to FSMTA members – Nonmembers: \$ 30 – Class is hybrid: in person or with a live webinar option

For more information visit: <http://www.mindandbodyinc.com/>
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CE Broker # 20-532490 in person and 20-1000130 Live webinar