



Join us for: Synergetic Myofascial Therapy the ground connection through feet, ankles and arches - 4 CE Birmingham, AL – April 4, 2025 – 5:30-9:30PM

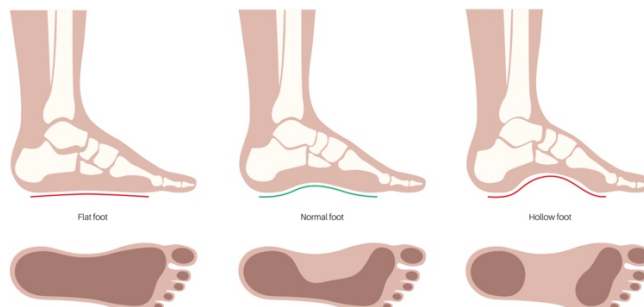
with Structural Integrators Bobbi Eklund LMT 2629, CSSI, CYT and Magnus Eklund LMT 144, BCSI, CYT, CES

## Foundational manual fascial techniques to improve arches, ankle and knee stability, foot flexibility and functional movement!

This 4-hour CE course includes PowerPoint lectures on the history, scientific research and strategies of myofascial bodywork and manual therapy demonstrations of myofascial techniques with active & passive client movement based on the work of Dr. Ida P. Rolf. Workshop addresses Feet, ankles, arches, lower leg & knee/foot pain, postural and movement dysfunction, and more. Synergetic™ Myofascial Therapy includes a variety of advanced fascial therapy techniques, rocking, movement, functional assessments and stretching to solve myofascial pain and dysfunctional mobility patterns. Magnus Eklund BCSI, LMT 144(MS) has a direct lineage to Dr Rolf through his teacher and her protégé and successor Emmett Hutchins, and through his Structural Integration Certification with Tom Myers. Bobbi Eklund CSSI, LMT 2629(MS) is an experienced Structural Integration teacher also certified by Dr. Sue Morter as an Energy Codes® Coach & Body Awake® Yoga teacher.



### PATHOLOGIES OF FOOT



For more information and sign-up visit:  
<http://www.mindandbodyinc.com/>

4 CE Approved FL/GA 50-9284, NCBTMB 450063-06,  
 MS 29, AL  
 CE Broker course#  
 20-1129868

**Cost:** \$129 register on website - **Times:** April 4, 5:30-9:30PM (Friday) - **Contact:** Magnus (601) 500-0337 [magnusmindandbody@gmail.com](mailto:magnusmindandbody@gmail.com) - **Location:** Birmingham, AL – **To be named later**

*Note: This workshop is not meant to substitute for traditional medical care, nor diagnose medical conditions, nor manipulate bones, but to educate LMTs on how to safely apply massage techniques on clients. If you have health concerns, please consult your healthcare provider prior to attending. We reserve the right to cancel the workshop for any reason. Magnus and Bobbi Eklund are licensed massage therapists (MS144&2629), and CE provider for massage therapy. Magnus & Bobbi Eklund are not Rolfers™, nor do they teach Rolwing™. Magnus is not affiliated with Tom Myers KMI/AT SI nor with The Guild. The Therapeutic Alternative & Magnus and Bobbi Eklund/Mind & Body Inc. are not responsible for future use of course techniques nor any loss or injury during CE workshop. Check CE with your state board prior to sign up. Bobbi Eklund will not always be part of teaching this workshop.*