



## Join us for Myofascial Techniques and Functional Movement Assessments – Head, Neck, Brachial Plexus and Shoulder - 16 CE in Boca Raton, FL

with Structural Integrators Bobbi & Magnus Eklund – October 19-20, 2024

This 16-hour CE course includes PowerPoint lectures on the history, scientific research and strategies of myofascial bodywork and manual therapy demonstrations of myofascial techniques with active and passive client movement based on the work of Dr. Ida P. Rolf. Workshop addresses forward head posture, rotator cuff pain, spinal dysfunctions, shoulder and neck mobility, nerve flow, postural and movement dysfunction, and more. Synergetic™ Myofascial Therapy includes a variety of advanced fascial therapy techniques, rocking, movement, functional assessments and stretching to solve myofascial pain and dysfunctional mobility patterns. Magnus Eklund BCSI, LMT 144(MS) has a direct lineage to Dr Rolf through his teacher and her protégé and successor Emmett Hutchins, and through his Structural Integration Certification with Tom Myers. Bobbi Eklund CSSI, LMT 2629(MS) is an experienced Structural Integration teacher also certified by Dr. Sue Morter as an Energy Codes® Coach and Body Awake® Yoga teacher.



**Cost:** \$425 register on website

**Times:** October 19-20, 2024, 9:00AM-6:00PM  
(Saturday and Sunday)

**Contact:** Magnus (601) 500-0337  
magnusmindandbody@gmail.com

**Location:** Therapeutic Alternatives, 301 Camino Gardens Blvd, suite 100 Boca Raton, FL 33432  
(561)-392-3340 - [www.thetherapeuticalternative.com](http://www.thetherapeuticalternative.com)

For more information and sign-up visit:

<http://www.mindandbodyinc.com/>

16 CE Approved FL/GA 50-9284, NCBTMB 450063-06,  
MS 29, LA 122, AL – CE Broker course # 20-650125

*Note: This workshop is not meant to substitute for traditional medical care, nor diagnose medical conditions, nor manipulate bones, but to educate LMTs on how to safely apply massage techniques on clients. If you have health concerns, please consult your healthcare provider prior to attending. We reserve the right to cancel the workshop for any reason. Magnus and Bobbi Eklund are licensed massage therapists (MS144&2629), and CE provider for massage therapy. Magnus & Bobbi Eklund are not Rolffers™, nor do they teach Rolffing™. Magnus is not affiliated with Tom Myers KMI/AT SI nor with The Guild. The Therapeutic Alternative & Magnus and Bobbi Eklund/Mind & Body Inc. are not responsible for future use of course techniques nor any loss or injury during CE workshop. Check CE with your state board prior to sign-up.*