



Join Magnus Eklund for Thai Yoga Bodywork on the table in New Orleans, LA March 8-9, 2025 at The Holistic Environment

For LMT's, Yogi's and teachers, Personal trainers and Health enthusiasts

Table/mat 12 CE of assisted stretching / yoga poses & myofascial techniques

This 12 hour CE course includes PowerPoint lectures on the history, strategies & manual therapy demonstrations of Thai Yoga Bodywork myofascial techniques with assisted client movement based on an ancient healing modality thousands of years old. Learn a full body routine of assisted stretching, hands on compressions and kneading techniques that improves muscle and fascia pain and joint dysfunctions, shoulder and neck mobility, nerve flow, postural and movement dysfunction, and more. Thai Yoga Bodywork includes a variety of advanced fascial therapy techniques, rocking, movement, and assisted stretching to solve myofascial pain and dysfunctional mobility patterns. This course is taught on the massage table, but participants may also use mats for hands-on applications. Magnus Eklund BCSI, LMT 144(MS) has been a Massage Therapist, Movement teacher & Bodyworker since 1994. Magnus has been a long-time student of Master teacher Mukti Michael Buck at the Vedic Thai Massage Conservatory. He is an experienced Yoga teacher since 1996 & Yoga Alliance certified. He has been teaching CE workshops in the US and internationally for 25 years.



For more information and sign-up visit:

<http://www.mindandbodyinc.com/>

12 CE Approved Louisiana AP 122 - LCEU 4281,
FL/GA 50-9284, NCBTMB 450063-06, MS 29, AL
Approved CE by Yoga Alliance – Magnus Eklund

Contact: Magnus Eklund (601)500-0337
magnusmindandbody@gmail.com

Cost: \$395 (12 CE hours) register on website

Times: March 8-9, 2025 (9Am-3Pm)–12 CE hours

Location: The Holistic Environment 2372 St.Claude Ave. Ste 220, New Orleans, LA (504)228-1142 John Domino
www.holisticenvironment.com

Note: This workshop is not meant to substitute for traditional medical care, nor diagnose medical conditions, nor manipulate bones, but to educate LMTs on how to safely apply massage techniques on clients. If you have health concerns, please consult your healthcare provider prior to attending. We reserve the right to cancel the workshop for any reason. Magnus and Bobbi Eklund are licensed massage therapists (MS144&2629), and CE provider for massage therapy. Magnus and Bobbi Eklund/Mind & Body Inc. are not responsible for future use of course techniques nor any loss or injury during CE workshop. Check CE with your state board prior to sign-up. Even though this workshop is open to attend for personal interest participants are aware that ONLY LMT's MAY USE CE FOR LICENSE. ONLY LMT's MAY USE THAI MASSAGE IN ADVERTISING or charge for Thai Yoga Bodywork.