



## Join me for Thai Yoga Bodywork on the table in Biloxi, MS March 22-23, 2025

with Magnus Eklund – 12 CE of advanced stretching, and myofascial techniques

This 12-hour CE course includes PowerPoint lectures on the history, strategies & manual therapy demonstrations of Thai Yoga Bodywork myofascial techniques with assisted client movement based on an ancient healing modality thousands of years old. Learn a full body routine of assisted stretching, hands on compressions and kneading techniques that improves muscle and fascia pain and joint dysfunctions, shoulder and neck mobility, nerve flow, postural and movement dysfunction, and more. Thai Yoga Bodywork includes a variety of advanced fascial therapy techniques, rocking, movement, and assisted stretching to solve myofascial pain and dysfunctional mobility patterns. This course is taught on the massage table, but participants may also use mats for hands-on applications. Magnus Eklund BCSI, LMT 144(MS) has been a Massage Therapist, Movement teacher & Bodyworker since 1994. Magnus has been a long-time student of Master teacher Mukti Michael Buck at the Vedic Thai Massage Conservatory. He is an experienced Yoga teacher since 1996 & Yoga Alliance certified. He is teaching CE workshops in the US and internationally. His home office is located in Biloxi, MS



For more information and sign-up visit:

<http://www.mindandbodyinc.com/>

12 CE Approved Mississippi, FL/GA 50-9284, NCBTMB

450063-06, MS 29, LA 122, AL

Contact: Magnus Eklund (601)500-0337

magnusmindandbody@gmail.com

**Cost:** \$425 register on website

**Times:** March 22 (9Am-5Pm) and March 23 (9AM-3PM), 2025 – 12 CE hours (Saturday and Sunday)

**Location:** Mind & Body Inc - 2628 Executive Place, Unit A, Biloxi, MS 39531

*Note: This workshop is not meant to substitute for traditional medical care, nor diagnose medical conditions, nor manipulate bones, but to educate LMTs on how to safely apply massage techniques on clients. If you have health concerns, please consult your healthcare provider prior to attending. We reserve the right to cancel the workshop for any reason. Magnus and Bobbi Eklund are licensed massage therapists (MS144&2629), and CE provider for massage therapy. Magnus and Bobbi Eklund/Mind & Body Inc. are not responsible for future use of course techniques nor any loss or injury during CE workshop. Check CE with your state board prior to sign-up.*