



## Synergetic Fascial Method: Functional Movement, Breath, and Neck Connection – 12 CE hrs

Join Structural Integrators Magnus Eklund BCSI, LMT 144 and Bobbi Eklund CSSI, LMT 2629  
in Biloxi MS at Mind and Body Institute March 28-29, 2026!

### Course Overview

This course explores how fascial tension patterns in the neck, cervical spine, and shoulders impact breath, posture, nervous system regulation, and whole-body coordination. Using the Synergetic Myofascial Method, students will learn practical, hands-on techniques and movement strategies to free cervical restrictions, enhance breath flow, and restore functional neck-body integration.

Ideal for practitioners working with chronic neck tension, forward head posture, breath dysfunction, postural collapse, and somatic-emotional holding patterns.



**Magnus** is an Advanced Guild Structural Integrator taught by manual therapy legend Emmett Hutchins, whom was the protégé of Dr Ida Rolf. He studied with Tom Myers & is a KMI/AT certified Structural Integration practitioner. Magnus has worked with many professional athletes in the Olympic games, NFL players & more.

**Bobbi** is an experienced Structural Integration teacher also certified by Dr. Sue Morter as an Energy Codes® Coach & Body Awake® Yoga teacher. **Magnus & Bobbi** teach Synergetic™ myofascial & Structural Integration CE in the USA. Their clinical practice is in Biloxi MS at Mind & Body Institute. They have a combined 60 yrs experience as manual therapy practitioners. This is a hands-on training with advanced fascial neural techniques!

**Cost:** 12 CE: \$425 – Sign up on website or call Magnus

**Times:** March 28-29, 2026, 9:00AM-4:00PM (Weekend)

**Contact:** Magnus (601) 500-0337 magnuse@aol.com

**Location:** Mind Body Institute LLC – 2628 Executive Place Biloxi, MS 39531



**For more information and sign-up visit:**  
<http://www.mindandbodyinc.com/>

Approved provider: NCBTMB 450063-06 (TN, AL, NY, TX, NC, NV: NCBTMB CE), FL/GA 50-9284, CE Broker course

# 20-1324382 NCBTMB course # 4024043

**Live in-person CE hours**

*Note: This workshop is not meant to substitute for traditional medical care, nor diagnose medical conditions, nor manipulate bones, but to educate LMTs on how to safely apply massage techniques on clients. If you have health concerns, please consult your healthcare provider prior to attending. We reserve the right to cancel the workshop for any reason. Magnus and Bobbi Eklund are licensed massage therapists (MSI 144 & 2629), and CE provider for massage therapy. Magnus & Bobbi Eklund are not Rolfers™, nor do they teach Rolfing™. Magnus is not affiliated with KMI/AT SI, nor Tom Myers, nor IASI. Organizers & Magnus Eklund/Mind & Body Inc. are not responsible for future use of course techniques. Check CE with your state board prior to sign-up. Bobbi Eklund will not always teach this course.*