



Advanced Myofascial Techniques and Functional Movement Assessments Neck, Shoulder, Low Back, Pelvis and Legs

16-hour CE at The Holistic Environment – NEW ORLEANS, LA, January 25-26, 2025.

With Structural Integrators Bobbi Eklund LMT 2629, CSSI, CYT & Magnus Eklund LMT 144, BCSI, CYT, CES

This 16-hour CE course includes PowerPoint lectures on the history, scientific research and strategies of fascial bodywork & manual therapy demonstrations of myofascial techniques with active & passive client movement. Workshop addresses neck, shoulder, spine, pelvis, legs and feet with postural and movement dysfunctions, and more. Synergetic™ Myofascial Therapy includes a variety of advanced fascial therapy techniques, rocking/shaking, movement, functional assessments & stretching to solve pain & dysfunctional mobility patterns. Magnus is trained by the manual therapy legend Emmett Hutchins the protégé of Ida Rolf. Magnus is in addition to an LMT, KMI Structural Integration certified by Tom Myers, & a Guild Advanced Structural Integration Practitioner. Magnus works alongside Bobbi with NFL, Olympic & other professional athletes as well as clients with pain & mobility issues in their clinic in Biloxi. Bobbi is an experienced Synergetic™ Structural Integration teacher & practitioner, & certified by Dr. Sue Morter as an Energy Codes® Coach & Body Awake® Yoga teacher.



For more information and sign-up visit:
<http://www.mindandbodyinc.com/>
Approved: Louisiana LAP 122, FL/GA 50-9284, NCBTMB 450063-06, MS 29, AL (Not affiliated with IASI)
LCEU 4146
Cost: \$439 register on website - Preregistration \$419 before January 1, 2025

Times: January 25-26, 2025, 9:00AM-6:00PM - (Saturday and Sunday) – 16 CE hours

Contact: Magnus (601) 500-0337 - magnusmindandbody@gmail.com

Location: The Holistic Environment 2372 St. Claude Ave. Ste 220, New Orleans, LA(504)228-1142 John Domino
www.holisticenvironment.com

Note: This workshop is not meant to substitute for traditional medical care, nor diagnose medical conditions, nor manipulate bones, but to educate LMTs on how to safely apply massage techniques on clients. if you have health concerns, please consult your healthcare provider prior to attending. We reserve the right to cancel the workshop for any reason. Magnus and Bobbi Eklund are licensed massage therapists (MS144&2629), and CE provider for massage therapy. Magnus & Bobbi Eklund are not Rolfers™, nor do they teach Rolfing™. Magnus is not affiliated with KMI/AT SI. Organizers & Magnus Eklund/Mind & Body Inc. are not responsible for future use of course techniques. Check CE with your state board prior to sign-up.