

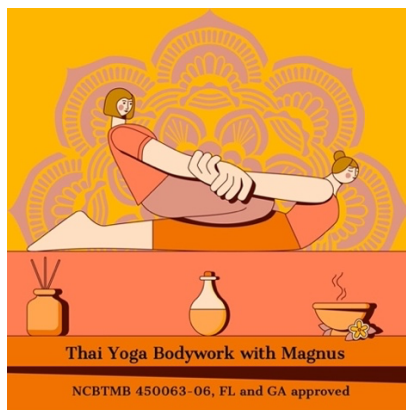


## Join Bobbi and Magnus Eklund in Jackson, TN March 6-8, 2026 at Spa Vita

CE workshop courses:

- Synergetic Myofascial Therapy the ground connection through feet, ankles and arches - March 6, 2026 – 5:30-9:30PM (Friday) 4 CE hours
- Synergetic™ Myofascial Method Creating Structural Balance for Functional Movement and Breath – March 7, 2026 – 8 CE Hours – 9AM-6PM
- Thai Yoga Bodywork on the Table – Abdomen, Chest, Shoulders and Neck - March 8, 2026 - 6 CE Hours

The 8-hour Synergetic™ Myofascial Method Creating Structural Balance for Functional Movement & Breath and the 4-hour CE Thai on the Table courses includes current scientific research, history, strategies, session planning, and manual therapy demonstrations of turnkey advanced techniques with active and passive client movement inspired by the work of Dr. Ida P. Rolf and innovative Thai on the table assisted stretching and joint opening approaches for today's busy clients. Magnus has a direct lineage to Dr Rolf through his teacher and her protégé and successor Emmett Hutchins. He is a KMI certified and CBSI board certified Structural Integration practitioner. Magnus has worked with many professional athletes in the Olympic games, NFL players and more. He has studied Thai Massage since 2004 and is RYT 200 certified. Magnus is the founder of the Synergetic™ Structural Integration School. Bobbi is an experienced Structural Integration teacher also certified by Dr. Sue Morter as an Energy Codes® Coach and Body Awake® Yoga teacher. She is also a certified New Age School of Shiatsu in 1999 in Yotsu®. Bobbi is the founder of Enterprise School of Massage and a certified Body Talk Practitioner. Bobbi and Magnus have a combined 50 plus years' experience in the massage industry as educators. and practitioners.



For more information visit:  
[www.mindandbodyinc.com](http://www.mindandbodyinc.com)  
 Approved provider: FL/GA  
 50-9284, NCBTMB 450063-06, MS 29, AL.  
 Contact Magnus to request  
 Louisiana & New York CE  
 prior to sign up.

**Contact:** Magnus (601) 500-0337 (text is good) for CE course information [magnusmindandbody@gmail.com](mailto:magnusmindandbody@gmail.com)

**Location:** Spa Vita – 405 Vann Dr. Suite A, Jackson, TN 38305 – (731) 300-4989

**Cost:** 4 CE: \$ 250, 6CE: \$ 295, 8 CE: \$ 295, 10 CE: \$ 395, 12 CE: \$ 425, 18 CE: \$ 549

*Note: This workshop is not meant to substitute for traditional medical care, nor diagnose medical conditions, nor manipulate bones, but to educate LMTs on how to safely apply massage techniques on clients. if you have health concerns, please consult your healthcare provider prior to attending. We reserve the right to cancel the workshop for any reason. Magnus and Bobbi Eklund are licensed massage therapists (MS144&2629), and CE provider for massage therapy. Magnus & Bobbi Eklund are not Rolfers™, nor do they teach Rolfig™. Magnus is not affiliated with KMI/AT SI nor IASI. Organizers & Magnus Eklund/Mind & Body Inc. and hosts are not responsible for future use of course techniques. Check CE with your state board prior to sign-up.*