

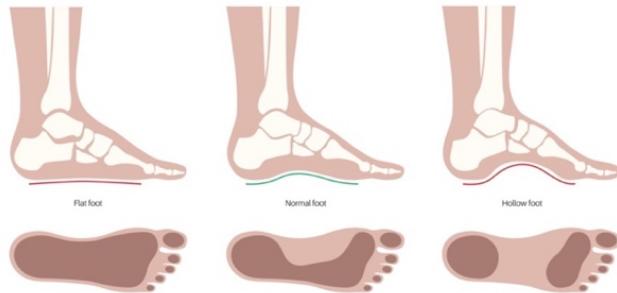


Synergetic Myofascial Therapy the ground connection through feet, ankles and arches - 4 CE in Nashville, TN – October 2, 2026 – 5:30-9:30PM

Join Structural Integrators Magnus Eklund BCSI, LMT 144, CYT, CES & Bobbi Eklund CSSI, LMT 2629, CYT
At Mind Body Institute Nashville/Madison, TN



PATHOLOGIES OF FOOT



Foundational manual fascial techniques to improve arches, ankle and knee stability, foot flexibility and functional movement!

This 4-hour CE course includes PowerPoint lecture on the history, scientific research and strategies of myofascial bodywork and manual therapy demonstrations of myofascial techniques with active & passive client movement. Workshop focus is manual techniques for feet, ankles, arches, lower leg & knee/foot pain, postural and movement dysfunction, and more. Synergetic™ Myofascial Therapy includes a variety of advanced fascial therapy techniques, rocking, movement, functional assessments and stretching to solve myofascial pain and dysfunctional mobility patterns. **Magnus Eklund** BCSI, LMT 144(MS) is an Advanced Guild Structural Integration Practitioner taught by the manual therapy legend Emmett Hutchins the protégé of Dr Ida Rolf, and a KMI/AT Structural Integration Practitioner taught by Tom Myers. **Bobbi Eklund** CSSI, LMT 2629(MS) is an experienced Structural Integration teacher and certified by Dr. Sue Morter as an Energy Codes® Coach & Body Awake® Yoga teacher. Magnus and Bobbi has a combined 30 years' experience as manual therapy practitioners.

Cost: \$ 149 Preregistration before August 1, 2026 - \$179 After – register on website - **Times:** October 2, 2026, 5:30-9:30PM (Friday)

Cost: Fascial visceral 12 CE (October 3-4) and Feet 4 CE: \$ 548

Contact: Magnus (601) 500-0337- magnuse@aol.com

Location: Mind Body Institute, 1556 Crestview Drive, Madison, TN 37115
(615)-360-8554

Note: This workshop is not meant to substitute for traditional medical care, nor diagnose medical conditions, nor manipulate bones, but to educate LMTs on how to safely apply massage techniques on clients. If you have health concerns, please consult your healthcare provider prior to attending. We reserve the right to cancel the workshop for any reason. Magnus and Bobbi Eklund are licensed massage therapists (MSI 144 & 2629), and CE provider for massage therapy. Magnus & Bobbi Eklund are not Rolfers™, nor do they teach Rolfing™. Magnus is not affiliated with Tom Myers KMI/AT SI nor with The Guild. The Therapeutic Alternative & Magnus and Bobbi Eklund/Mind & Body Inc. are not responsible for future use of course, techniques nor any loss or injury during CE workshop. Check CE with your state board prior to sign up. Bobbi Eklund will not always be part of teaching this workshop.

For more information & sign-up visit:
<http://www.mindandbodyinc.com/>

4 CE Approved FL/GA 50-9284,
NCBTMB 450063-06 TN and AL
(accepts NCBTMB CE), MS 29
CE Broker course # 20-1129868
NCBTMB course # 70337225

LIVE in-person CE