



Mind & Body Inc. 2016 CE Schedule
Synergetic™ Myofascial Therapy – *Inspired by the Rolf Method*
with Magnus Eklund

www.mindandbodyinc.com – MagnusE@aol.com

Approved: NCBTMB 450063-06, Louisiana LAP 122, Mississippi MAP 29, Florida & Georgia 50-9284 & Alabama

For a discount pre sign up at www.mindandbodyinc.com with credit card or pay pal, check in the mail, or credit card over the phone:(601)500-0337. Workshop sign up also available at the door.

January 23/24 (9AM-5PM) – **Lafayette, LA @ Blue Cliff College** - Myofascial Body Balancing – Core, Spineand Breath 14 CE hours – \$ 245 (337)269-0620 Donna Green

February 1 - Monday (9AM-6PM) – February 2 - Tuesday (4-10PM), 2016 –**Vancleave, MS** @ Mind Body Connections – Charlene Russel (228)860-7190– Myofascial Body Balancing – Core, Spineand Breath 14 CE hours - \$ 245

February 19/ 20/21 (9AM-6:30PM) – **Jackson, MS** - Synergetic™ Myofascial Therapy Certification – Level 1 - 25 CE hours – \$350 @Healing Touch Career College (769) 251-5181 or (601)500-0337 Magnus

Part of 200 hour SMT Certification 2016/2017 in Jackson, MS– Learn SMT 10myofascial sessions

February 26/27/28 (9AM-6:30PM) – **Gulfport, MS** - Synergetic™ Myofascial Therapy Certification – Level 1 - 25 CE hours - \$ 350 @Blue Cliff College – (228)896-9727 /(601)500-0337 Magnus

March 5/6 (9AM-4PM) –**Hattiesburg, MS** – Myofascial Strategies for Optimal Sports Performance - 12 CE hours - \$239 @ Healing Touch Career College - (601)500-0337 Magnus

March 18/19/20 (9AM-6:30PM) – **Tupelo, MS** - Synergetic™ Myofascial Therapy Certification – Level 1 - 25 CE hours \$ 350 @ Waldrip School of Therapeutic Massage (662)407- 0578 waldripcentertherapeuticmassage@yahoo.com

March 30/31 - (9AM – 4PM - Wednesday & Thursday) – **Savannah, GA** - Synergetic™ Myofascial Strategies – Neck,spine, chest, shoulder girdle, arms & hands – 12 CE Hours \$ 249@ Virginia College Savannah (601)500-0337Magnus - 12 CE \$ 249 – 18 CE \$295

April 1 (9AM-4PM - Friday) – **Savannah, GA** - Synergetic™ Myofascial Strategies Lumbar,Sacrum, Hips & Pelvis – 6 CE hours \$ 169 @ Virginia College Savannah (601)500-0337 Magnus – 6 CE \$ 169 – 18 CE\$295

April 8 (2-9PM) – **Jackson, MS** - Synergetic™ Myofascial Strategies – Lumbar, Sacrum, Hips & Pelvis – 6 CE hours - @Healing Touch Career College (601)500-0337 Magnus – 6 CE \$ 169 – 18 CE \$295

April 9/10 (9AM-4PM) – **Jackson, MS** - Synergetic™ Myofascial Strategies – Neck, spine, chest, shoulder girdle, arms & hands – 12 CE Hours – @Healing Touch Career College – (601)500-0337 Magnus - 12 CE \$ 249 – 18 CE \$295

April 15 (2-9PM) - **Gulfport, MS** - Synergetic™ Myofascial Strategies – Lumbar, Sacrum, Hips & Pelvis – 6 CE hours @Blue Cliff College– (228)896-9727 / (601)500-0337 Magnus - 6 CE \$ 169 – 18 CE \$295

April 16/17 (9AM-4PM) – **Gulfport, MS** - Synergetic™ Myofascial Strategies– Neck, spine, chest, shoulder girdle, arms & hands – 12 CE Hours – @Blue Cliff College– (228)896- 9727 / (601)500-0337 Magnus - 12 CE \$ 249 – 18 CE \$295

April 29/30 – May 1 (9AM-6:30PM) - **Enterprise, AL** - Synergetic™ Myofascial Therapy Certification – Level 1 - 25 CE hours – \$ 350 @ Enterprise School of Massage (334)393-BACK(2225) Bobbi Du Bose BobbiG68@gmail.com or Magnus(601)500-0337 www.massageinenterprise.com/school-of-massage

May 9 – FSMTA – Florida State Massage Therapy Association – 2 CE - 7-9PM -

Pensacola May 10 - FSMTA – Florida State Massage Therapy Association - 2 CE – 7-9PM

Fort Walton Beach

May 11- FSMTA – Florida State Massage Therapy Association – 2 CE – 7-9 PM – Panama City

Von Keller (850)269-0820 Soothing Arts Healing Therapies School Of Massage & Skin Care

May 13-15 (9AM-6:30PM) - **Madison, AL** - Synergetic™ Myofascial Therapy Certification – Level 1 - 25 CE hours - \$ 350 @Madison School of Massage LLC (256)430-9756 – Genalmt2939@yahoo.com, www.madisonschoolofmassagetherapy.com

May 20 (2-9PM) - **Columbus GA** - Synergetic™ Myofascial Strategies – Lumbar, Sacrum, Hips & Pelvis – 6 CE hours @ Miller Motte Technical College - Christinia Lemons (706)225-5637 6 CE \$ 169 – 18 CE \$295

May 21/22 (9AM-4PM) - **Columbus GA** - Synergetic™ Myofascial Strategies– Neck, spine, chest, shoulder girdle, arms & hands – 12 CE Hours @ Miller Motte Technical College – Christinia Lemons (706)225-5637 – 12 CE \$ 249 – 18 CE \$295

May/June weekend workshop – **Sweden** – Date and location to be named later. Inquire @ (601)500-0337 Magnus

June 24-26 (9AM-6PM), 2016 – **Memphis, TN** – Synergetic™ Myofascial Therapy Certification – Level 3 - 25 CE hours – \$ 350 Massage Institute (901) 726-4665 info@massageinstitute.com – (601) 500-0337 Magnus

August 6/7 (9AM-5PM) **Atlanta, GA** - Myofascial Body Balancing – Core, Spine & Breath – 14 CE hours - \$ 235 @ Gwinnett College – Sanford Anderson (770)381-7200

August 12 (Friday) **2-9PM - Destin, FL** (Miramar Beach, FL) - Synergetic™ Myofascial Strategies– Lumbar, Sacrum, Hips and Pelvis– 6 CE Hours @Soothing Arts Healing Therapies School of Massage & Skin Care(850)269-0820–soothingarts@aol.com– www.soothingarts.com 6 CE \$ 169 – 18 CE \$ 315

August 13/14 (9AM-4PM) – **Destin, FL** (Miramar Beach, FL)- Myofascial Strategies for Optimal Sports Performance – 12 CE hours @Soothing Arts Healing Therapies School of Massage and Skin Care (850)269-0820 – soothingarts@aol.com – www.soothingarts.com 12 CE \$ 259 – 18 CE \$ 315

August 19 (9AM-6PM) – **Clarksville, TN** – To be named later – 8 CE hours @ Miller Motte College (931) 241 - 4508

August 20/21 (9AM-4PM) **Nashville, TN** – Myofascial Strategies for Optimal Sports Performance – 12 CE hours - \$ 239 @ Mind Body Institute (615)360-8554 - (601)500-0337 Magnus

August 26/27/28 (9AM-6:30PM) **Montgomery, AL** - Synergetic™ Myofascial Therapy Certification – Level 1 - 25 CE hours – \$ 350 @ Montgomery School of Bodywork and Massage - Kristy Duncan (334)270-9340

September 17/18 (9AM-5PM) **Chattanooga, TN** - Myofascial Body Balancing – Core, Spineand Breath - 14 CE hours - \$ 249 @ Fairfield Inn, East ridge – Lisa Flores (423)304-5695 Magnus (601)500-0337

September 24/25 (9AM-4:00PM) **New Orleans, LA** – Myofascial Strategies for Optimal Sports Performance - 12 CE hours - \$ 249 @Loyola University – Octavia room – Student Services Center - Magnus (601)500-0337

September 30 - October 1/2 (9AM-6:30PM) – **Memphis, TN** - Synergetic™ Myofascial Therapy Certification – Level 1 -25 CE hours – \$ 350 @ The Massage Institute (901) 726-4665

info@massageinstitute.com

Part of 200 hour SMT Certification 2016/2017 in Memphis TN– Learn SMT 10 myofascial sessions

October 7 (2-9PM)- **Birmingham, AL** - Synergetic™ Myofascial Strategies – Lumbar,Sacrum, Hips & Pelvis – 6 CE hours @ Birmingham School of Massage – Magnus (601)500-0337 6 CE \$ 169 – 18 CE \$ 295

October 8-9 (9AM-4PM) - **Birmingham, AL** - Myofascial Strategies for Optimal Sports Performance – 12 CE Hours @ Birmingham School of Massage – Magnus (601)500-0337 12 CE \$ 249 – 18 CE \$ 295

October 15/16 (9AM-4PM) - **Mobile, AL** - Myofascial Body Balancing – Core, Spine and Breath 14 CE hours - \$ 249 @ Blue Cliff Career College (251)473-2220

November 4/5/6 (9AM-6PM) – **Memphis, TN** – Synergetic™ Myofascial Therapy Certification – Level 2 - 25 CE hours – \$ 350 Massage Institute (901) 726-4665 info@massageinstitute.com (601) 500-0337 Magnus

Part of 200 hour SMT Certification 2016/2017 in Memphis, TN – Learn SMT 10 myofascial sessions

November 11/12/13 (9AM-6:30PM), 2016 – **Jackson, MS** - Synergetic™ Myofascial Therapy Certification – Level 2 - 25 CE hours – \$ 350 @Healing Touch Career College (769) 251-5181 or (601)500-0337 Magnus

Part of 200 hour SMT Certification 2016/2017 in Jackson, MS – Learn SMT 10 myofascial sessions

November 18/19/20 (9AM-6:30PM), 2016 – **Jackson, MS** - Synergetic™ Myofascial Therapy Certification – Level 3 - 25 CE hours – \$ 350 @Healing Touch Career College (769) 251-5181 or (601)500-0337 Magnus

Part of 200 hour SMT Certification 2016/2017 in Jackson, MS– Learn SMT 10 myofascial sessions

Magnus Eklund & Mind & Body Inc. and the hosting locations are not responsible for future applications of Synergetic™ Myofascial Therapy. Magnus Eklund is not a Rolfer™, nor does he teach Rolfing™. He is a KMI certified Structural Integrator, and an Advanced Guild for Structural Integration Practitioner. Magnus is a CE teacher of SMT - Synergetic™ Myofascial Therapy courses. Magnus is not affiliated with KMI, nor the Guild with his CE workshops.